

# **Running Like China: A Memoir Of A Life Interrupted By Madness By Sophie Hardcastle**

**By Sophie Hardcastle**

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In this honest and beautifully told memoir, Running Like China shatters the silence and smashes the taboos around mental illness. It is an unforgettable story.

<http://www.selwaanthony.com.au/books/running-like-china/>

81 quotes from Running with Scissors: , Running with Scissors: A Memoir. 262 likes. She looks like she would eat a baby.

<http://www.goodreads.com/work/quotes/828773-running-with-scissors>

Running like China eBook: Sophie Hardcastle: Amazon.com.au: In this honest and beautifully told memoir, Sophie lays bare her story of mental illness

<http://www.amazon.com.au/Running-like-China-Sophie-Hardcastle-ebook/dp/B00WERXIGK>

In this brave, bold and beautifully told memoir, Running Like China is the best book in this series, although it can most definitely be read as a stand alone.

<http://books.mantanpegawai.com/detail/26106807/running-like-china/>

Aug 25, 2015 Running Like China: A Memoir of a Life Interrupted by Madness One day Sophie Hardcastle realised the joy she'd always known had

<http://www.readings.com.au/products/19557825/running-like-china-a-memoir-of-a-life-interrupted-by-madness>

How to Write a Memoir. So take the gray area that is your brain and run with it. A memoir tends to read more like a novel.

<http://www.wikihow.com/Write-a-Memoir>

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[https://twitter.com/soph\\_hardcastle](https://twitter.com/soph_hardcastle)

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<http://en.wikipedia.org/wiki/Memoir>

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<http://www.barnesandnoble.com/w/stolen-life-jaycee-dugard/1100571658?ean=9781451629194>

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<http://www.bokus.com/bok/9780733634260/running-like-china/>

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"A memoir that is both horrifying and mordantly funny." "You run up those stairs just like Cream." Cream is our dog and we both love her.

<http://www.barnesandnoble.com/w/running-with-scissors-augusten-burroughs/1100586078>

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Running like China. ABC OPEN. 2013. Pam Burridge. The Sage. Premier's Award for All Round Excellence. 2008. NSW Junior Surf Life Saver of the Year.  
<http://www.sophiehardcastle.com/#!/bio/cee5>

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