

Learn To Meditate: A Practical Guide To Self-Discovery And Fulfillment By David Fontana

By David Fontana

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Professor David G. J. Fontana Ph.D. FBPS A Practical Guide to Personal Serenity (2001) Learn to Meditate: A Practical Guide to Self-Discovery and Fulfillment; http://self.gutenberg.org/articles/david_fontana

Feb 03, 2013 This is the summary of Meditation for Beginners : How to Meditate a Practical Guide for Beginners by Dollie Carder. <http://www.youtube.com/watch?v=vpVMApjry9A>

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David Fontana. David G. J. Fontana A Practical Guide to Personal Serenity (2001) Learn to Meditate: A Practical Guide to Self-Discovery and Fulfillment;
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