

# Getting A Grip: On My Game, My Body, My Mind... My Self By Monica Seles

**By Monica Seles**

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Apr 23, 2009 'Getting a Grip: On My Mind, My Body, My Self' By Monica Seles. you won't get anything out of it. If my core could take that and still be in one piece, <http://www.wsj.com/articles/SB124034351394240089>

Feb 21, 2014 Start by marking Getting a Grip: On My Body, My Mind, My Self as but if one understands the game, Monica Seles was my favorite tennis player <http://www.goodreads.com/book/show/6314645-getting-a-grip>

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Jan 09, 2013 Monica McConkey. Monica, mom of 5, is usually blogging about Catholic crafts and family traditions at EquippingCatholicfamilies.com. She is the author of A <http://catholicmom.com/2013/01/10/getting-a-grip-on-my-fertility/>

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Monica Seles, the stabbing that She wrote a book in 2009, Getting a Grip: On My Body, My Mind, My Self. Famous People Named Monica; Famous People Born in <http://www.biography.com/people/monica-seles-9478472#!>

Getting a Grip chronicles Monica Seles's early success on the tennis circuit where, at age sixteen, she became the youngest winner in French Open history. <http://www.barnesandnoble.com/w/getting-a-grip-monica-seles/1013076170?ean=9781583333754>

get a grip (on yourself) to make an effort to control your emotions and behave more calmly Come on, get a grip, we've got an important meeting in five minutes. <http://idioms.thefreedictionary.com/get+a+grip>

Apr 19, 2009 On My Body, My Mind, My Self by Monica Seles. Only A Game; Planet Money; Pop Getting a Grip On My Body, My Mind, My Self. <http://www.npr.org/books/titles/138227943/getting-a-grip-on-my-body-my-mind-my-self>

Our GettingAGrip team will help you reduce your overwhelm, increase productivity, and free up more hours in your day . Robyn Pearce (CSP) The Time Queen <https://www.gettingagrip.com/>

Getting a Grip: On My Body, My Mind, My Self by Monica Seles, Monica Seles is a former number one world professional tennis player who became the youngest-ever <http://www.bookdepository.com/Getting-Grip-Monica-Seles/9781583333754>

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Getting a grip on my relic hunting.: Vise grip anyway. Those were a first for me. Getting a grip on my relic hunting. Posted by: 7centsworth Date: <http://www.findmall.com/read.php?55,2141793>

Jan 06, 2010 Monica Seles, a former world No. 1 Monica Seles, a former world No. 1 tennis player, released her memoir Getting A Grip: On My Body, My Mind, My Self <http://bleacherreport.com/articles/321569-queens-of-the-court-monica-seles-victim-of-obsession>

Cali Williams Yost's Answer: Getting a handle on your workload in order to find your "fit" can be challenging because there are certain aspects of workload that are <http://www.management-issues.com/advice/4559/getting-a-grip-on-my-workload/>

Monica Seles on IMDb: Movies, TV, Celebs, and more IMDb. Movies, TV & Showtimes. MOVIES. In Theaters; Showtimes & Tickets; Latest Trailers; Coming Soon; Release

<http://www.imdb.com/name/nm1648417/publicity>

The first mistake in trying to understand what it means is to go to an English dictionary for a definition of the word repent. Contemporary dictionaries tell us how

<https://www.gci.org/gospel/repentance>

Getting a Grip : On My Game, My Body, My MindMy Self. From tennis star to UN goodwill ambassador, via fame, a brutal stabbing, depression, and gruelling six-hour <http://www.speedyhen.com/StoreFront/Product/Monica-Seles/Getting-a-Grip--On-My-Game-My-Body-My-MindMy-Self/7490757>

GETTING A GRIP: On My Body, My Mind, My Self Seles became the youngest ever winner of the French Open, self-discovery and triumph. 16 pages of photos, <http://www.hamiltonbook.com/getting-a-grip-on-my-body-my-mind-my-self>

Classic Mac: Timeless Messages From Our Archives. Do any of these testimonials sound familiar? My life is hectic! I m running all day meetings, phone calls

<http://www.mac-hammond.org/2014/08/20/getting-grip-time/>

I don't know about you, but those Goodyears (rubber grips) just didn't look good to me on the gun. I wanted a smooth set od wood grips. I checked with all the local

<http://www.surplusrifleforum.com/viewtopic.php?f=83&t=140492>

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<http://www.collinsbooks.com.au/book/Getting-a-Grip/9781907532740>

How to Get a Grip over Your Own Life. Life ain't what it seems to be. The same situation may vary differently in the eye of everyone. What may be wonderful or  
<http://www.wikihow.com/Get-a-Grip-over-Your-Own-Life>

Apr 14, 2009 Read an excerpt of the book "Getting A Grip: On My Body, My Mind, My Self" by Monica Seles's new book "Getting a Grip: at the top of my game,  
<http://abcnews.go.com/2020/story?id=7325570&page=1>

Monica Seles (Hungarian: Szeles Seles released her memoir Getting A Grip: On My Body, My Mind, My Self which chronicles her bout with her journey back to the  
[http://en.wikipedia.org/wiki/Monica\\_Seles](http://en.wikipedia.org/wiki/Monica_Seles)

Apr 23, 2009 Firing the experts and adopting small changes helped tennis great Monica Seles game for two years. She Getting a Grip: On My Body, My Mind, My Self  
<http://well.blogs.nytimes.com/2009/04/24/monica-seles-talks-about-binge-eating/comment-page-5/>

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