

# Getting A Grip: On My Game, My Body, My Mind... My Self By Monica Seles

**By Monica Seles**

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Classic Mac: Timeless Messages From Our Archives. Do any of these testimonials sound familiar? My life is hectic! I m running all day meetings, phone calls  
<http://www.mac-hammond.org/2014/08/20/getting-grip-time/>

Our GettingAGrip team will help you reduce your overwhelm, increase productivity, and free up more hours in your day . Robyn Pearce (CSP) The Time Queen  
<https://www.gettingagrip.com/>

I don't know about you, but those Goodyears (rubber grips) just didn't look good to me on the gun. I wanted a smooth set od wood grips. I checked with all the local  
<http://www.surplusrifleforum.com/viewtopic.php?f=83&t=140492>

Collins Booksellers has Getting a Grip by Monica Seles. Buy Getting a Grip online from Collins Getting a Grip On My Game, My Body, My Mind My Self by Monica  
<http://www.collinsbooks.com.au/book/Getting-a-Grip/9781907532740>

Monica Seles (Hungarian: Szeles Seles released her memoir Getting A Grip: On My Body, My Mind, My Self which chronicles her bout with her journey back to the [http://en.wikipedia.org/wiki/Monica\\_Seles](http://en.wikipedia.org/wiki/Monica_Seles)

Getting a Grip: On My Body, My Mind, My Self and over one million other books are available for Amazon Kindle. Learn more. The Academy Game On. Monica Seles. 1. <http://www.amazon.ca/Getting-Grip-Body-Mind-Self/dp/1583333754>

Apr 23, 2009 Firing the experts and adopting small changes helped tennis great Monica Seles game for two years. She Getting a Grip: On My Body, My Mind, My Self <http://well.blogs.nytimes.com/2009/04/24/monica-seles-talks-about-binge-eating/comment-page-5/>

Jan 09, 2013 Monica McConkey. Monica, mom of 5, is usually blogging about Catholic crafts and family traditions at EquippingCatholicfamilies.com. She is the author of A <http://catholicmom.com/2013/01/10/getting-a-grip-on-my-fertility/>

Getting a Grip: On My Body, My Mind, My Self and over one million other books are available for Amazon Kindle. Learn more <http://www.amazon.com/Getting-Grip-Body-Mind-Self/dp/B004E3XDNO>

Monica Seles memoir Getting a Grip: On My Body, My Mind, My Self, there wouldn't have been any Monica Seles comeback on the tour, still, <http://longislandtennismagazine.com/article/getting-grip-my-body-my-mind-my-self-monica-seles>

GETTING A GRIP: On My Body, My Mind, My Self Seles became the youngest ever winner of the French Open, self-discovery and triumph. 16 pages of photos, <http://www.hamiltonbook.com/getting-a-grip-on-my-body-my-mind-my-self>

Getting a grip : on my game, my body, my mind-- myself. [Monica Seles] Home. WorldCat Home About WorldCat Help. Search. Search for Library Items Search for Lists <http://www.worldcat.org/title/getting-a-grip-on-my-game-my-body-my-mind-myself/oclc/312626854>

Getting a Grip: On My Body, My Mind, My Self. Author: Seles, Monica; Binding: Hardcover; List Price: \$26.00 Monica Seles's determination, amazing talent, [http://bookoutlet.com/Store/Details/getting-a-grip-on-my-body-my-mind-my-self/\\_R-9781583333303B](http://bookoutlet.com/Store/Details/getting-a-grip-on-my-body-my-mind-my-self/_R-9781583333303B)

Editions for Getting a Grip: On My Body, My Mind, My Self: 1583333304 (Hardcover published in 2009), 1583333754 by Monica Seles First published March 7th 2009  
<http://www.goodreads.com/work/editions/6499877-getting-a-grip-on-my-body-my-mind-my-self>

Getting a Grip : On My Game, My Body, My MindMy Self. From tennis star to UN goodwill ambassador, via fame, a brutal stabbing, depression, and gruelling six-hour  
<http://www.speedyhen.com/StoreFront/Product/Monica-Seles/Getting-a-Grip--On-My-Game-My-Body-My-MindMy-Self/7490757>

All books of Monica Seles The Academy: Game On", "Getting a Grip- On My Body, My Mind, My Self" and other on a Grip: On My Game, My Body, My Mind My Self.  
<http://www.general-ebooks.com/author/9114193-monica-seles>

Cali Williams Yost's Answer: Getting a handle on your workload in order to find your "fit" can be challenging because there are certain aspects of workload that are  
<http://www.management-issues.com/advice/4559/getting-a-grip-on-my-workload/>

Apr 14, 2009 Read an excerpt of the book "Getting A Grip: On My Body, My Mind, My Self" by Monica Seles.

<http://abcnews.go.com/2020/story?id=7325570&page=1>

Feb 21, 2014 Start by marking Getting a Grip: On My Body, My Mind, My Self as but if one understands the game, Monica Seles was my favorite tennis player

<http://www.goodreads.com/book/show/6314645-getting-a-grip>

Oct 22, 2008 how do I get a grip on life and try my hardest to keep that grip without slipping back into another crazy episode of depression, confusion,

[https://answers.yahoo.com/question/index;\\_ylt=A0LEV2EDQsFV19AAULNXNyoA;\\_ylu=X3oDMTBzMDdlOGlyBGNvbG8DYmYxBHBvcwMxOAR2dGlkAwRzZWMDc3I-?qid=20081023095738AADB63z&p=getting%20a%20grip%20on%20my](https://answers.yahoo.com/question/index;_ylt=A0LEV2EDQsFV19AAULNXNyoA;_ylu=X3oDMTBzMDdlOGlyBGNvbG8DYmYxBHBvcwMxOAR2dGlkAwRzZWMDc3I-?qid=20081023095738AADB63z&p=getting%20a%20grip%20on%20my)

Seles releases "Getting a Grip: On My Body, April 21 called "Getting a Grip: On My Body, My Mind, My Self." excerpted from Getting a Grip by Monica Seles,

[http://www.usta.com/Pro-Tennis/Feature/Monica\\_Seles\\_book\\_excerpt\\_Chapter\\_2/](http://www.usta.com/Pro-Tennis/Feature/Monica_Seles_book_excerpt_Chapter_2/)

Getting a Grip chronicles Monica Seles's early success on the tennis circuit where, at age sixteen, she became the youngest winner in French Open history.

<http://www.barnesandnoble.com/w/getting-a-grip-monica-seles/1013076170?ean=9781583333754>

Getting a Grip: On My Body, My Mind, My Self by Monica Seles, Monica Seles is a former number one world professional tennis player who became the youngest-ever  
<http://www.bookdepository.com/Getting-Grip-Monica-Seles/9781583333754>

Getting a grip : on my body, my mind, my self. [Monica Seles] Seles, Monica, 1973-Getting a grip. New York : Avery, c2009 (DLC) 2008055033 (OCoLC)230208739:  
Named  
<http://www.worldcat.org/title/getting-a-grip-on-my-body-my-mind-my-self/oclc/667592244>

The first mistake in trying to understand what it means is to go to an English dictionary for a definition of the word repent. Contemporary dictionaries tell us how  
<https://www.gci.org/gospel/repentance>

On My Body, My Mind, My Self by Monica Seles starting at \$0.99. Getting a Grip: On My Body, My Mind, My Self has 1 available editions to buy at Game on  
<http://www.alibris.com/Getting-a-Grip-On-My-Body-My-Mind-My-Self-Monica-Seles/book/11091095>

Seles, Monica Customer Service; Shop All Books; Weekly Offers; Clearance; Favorites; New Arrivals  
<http://www.gohastings.com/product/BOOK/Getting-a-Grip-On-My-Body-My-Mind-My-Self/sku/280279990.uts>

Jan 06, 2010 Monica Seles, a former world No. 1 Monica Seles, a former world No. 1 tennis player, released her memoir Getting A Grip: On My Body, My Mind, My Self  
<http://bleacherreport.com/articles/321569-queens-of-the-court-monica-seles-victim-of-obession>

Apr 23, 2009 'Getting a Grip: On My Mind, My Body, My Self' By Monica Seles. you won't get anything out of it. If my core could take that and still be in one piece,  
<http://www.wsj.com/articles/SB124034351394240089>