

# **Better Health With Foot Reflexology: The Original Ingham Method Including Hand Reflexology By Dwight C. Byers**

**By Dwight C. Byers**

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Dwight C Byers, is the nephew of Eunice Ingham and he is committed to preserving her Hand Reflexology and Advanced Original Ingham Method Hand  
<http://store.reflexology-uk.net/>

D.C (1983). Better health with foot reflexology-The Original Ingham Method. Ingham Publishing premenstrual symptoms treated with ear, hand and foot reflexology.  
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In the late 50 s Dwight Byers started helping Eunice Ingham at her Dwight authored the book, Better Health with Foot Reflexology The Original Ingham Method

<http://floridareflexology.com/reflexology/>

Foot Reflexology. Foot Reflexology. Dwight Byers, founded the This system is known as the Original Ingham Method and though this method has been refined

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to better health. teach the Original Ingham Method of Reflexology. It is the combined work of the late Eunice Ingham and her nephew Dwight C. Byers,

<http://www.reflexology-uk.net/site/about-reflexology/reflexology-history>

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cells, and electrons of the body to their original foot or hand. It is a science that Reflexology is a unique method

[http://www.energywellnessproducts.com/InformationFiles/ere\\_book-original.pdf](http://www.energywellnessproducts.com/InformationFiles/ere_book-original.pdf)

The History of Reflexology. body's outline makes it easy to visualize the body on the foot. (Better Health with Foot Reflexology, the Ingham Method, Dwight C. Byers)  
[http://www.journeyofhealth.net/energytherapy/ere\\_history.php](http://www.journeyofhealth.net/energytherapy/ere_history.php)

The reputation and significance of foot reflexology therapy has there exist a lot of reflexology artifacts that claim to be an alternative substitutes to  
<http://scitation.aip.org/content/aip/proceeding/aipcp/10.1063/1.4919212>

Welcome to the website of Head to Heel Reflexology for Better Health and Linda Frank, Certified Reflexologist with offices in Federal Way, Tacoma, and University Place.  
<http://www.reflexologyforbetterhealth.com/>

by Dwight Byers. 226 pp. 1983 The author of this book, nephew of Eunice Ingham, is the leading authority on the Original Ingham Method Of Reflexology. The book is a  
<https://www.pacificreflexology.com/catalog/book-01>

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Dwight Byers is the author of Reflexologia de Los Pies (4.00 avg rating, 1 rating, 0 reviews, published 2006), The Original Works of Eunice D. Ingham (4.  
[http://www.goodreads.com/author/show/467199.Dwight\\_Byers](http://www.goodreads.com/author/show/467199.Dwight_Byers)

Dwight Byers and Eusebia Messenger, Better Health with Foot Reflexology: The Original Ingham Method. 1983. International Institute of Reflexology. P.O

<http://www.altmd.com/Articles/Reflexology--Encyclopedia-of-Alternative-Medicine>

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<http://www.encyclopedia.com/topic/Reflexology.aspx>

Dwight is the author of the book Better Health With Foot Reflexology which has been translated into nine foreign languages.

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